



Give yourself a healthy boost

Take a convenient online class

The Power of Social Connections and Your Health

Date: Wednesday, August 12, 2026 | **Time:** 12:00 PM – 1:00 PM

Join via computer or mobile device at:

<https://event.on24.com/wcc/r/5375587/F5FBC4F9576240B8688511517B13C2A4>

Registration is now available and will remain open through the end of the event.

For support, [click here](#).

Description : Explore how social isolation is connected to increased risk of chronic health conditions, and learn how connection, sharing, listening, and being of service can help.

For questions, contact: employeehealth@fultoncountyga.gov

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